Let $I=\int_{0}^{1} x \sin \left(x^{2}\right) d x$

1. Use the leftbox and rightbox commands in Maple to look at $L_{10}$ and $R_{10}$.
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with(student):
f:= x -> x*sin(x^2);
leftbox(f(x), x=0..1, 10);
rightbox(f(x),x=0..1, ,10);
```

2. Write $L_{10}$ and $L_{50}$ using sigma notation (without using Maple to help you with the sum).
3. Write $R_{10}$ and $R_{50}$ using Sigma notation (again, without using Maple).
4. Without calculating any of them, rank $I, L_{10}$ and $R_{10}$ in increasing order.
5. Can you draw any conclusions about how well $L_{10}$ approximates $I$ (without calculating $I$ )?
6. Use the formal definition of the integral to write $I=\int_{0}^{1} x \sin \left(x^{2}\right) d x$ as a limit.
